

Feeding Hearts, Minds, and Bodies!
University of Lethbridge & Lethbridge College

We were serving our annual Christmas dinner to students at Lethbridge College when one of my volunteers came up to me visibly shaken. She told me she had just been speaking to one of the students who hadn't eaten in four days. It was a shocking reminder of why we had started putting on the meal in the first place. I was meeting too many students on campus who were hungry.

At another student meal a friend told me afterwards that she had watched the six-year old daughter of a student stuffing food in her pockets when she thought no one was watching. This was typical behaviour of children who had known hunger, she said. They learn to squirrel away food for later because they know they can't count on having food available when they are hungry.

While the stereotype of the partying student living on beer and pizza persists, there is another reality less talked about. There are students who after paying for their tuition, books, rent, utilities, transportation, find they have little left over for food.

Ecumenical Campus Ministry works with your support to feed students. In the past year in addition to our long-standing suppers and campus care parcel programme we have also started to provide food pantries for faculty who have been feeding students their own lunches. Every week the meeting of the theology reading group now starts with a meal prepared by me or one of the faculty members who attend. With your support we are feeding the hearts, minds and bodies of our college and university students!

Canon Erin Phillips

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