

*"Simple Supper"*

Lutheran Campus Ministry, University of Calgary

The act of eating as a community has been a vital part of Lutheran Campus Ministry in Calgary.

Every week, after a drum circle, students come to share a simple supper followed by a talking circle. Each week a topic is chosen such as: compassion, gender, time, joy, etc. The students come from diverse backgrounds of different religions, socio-economic up bringings, countries, ages and gender. It's amazing to see such an eclectic group of students finding so much meaning and depth from this gathering.

Breaking bread together in such a simple way becomes the means for people to be vulnerable to one another and share their voice in a way that they feel heard. It's ironic that in this age of technology where we have every means to communicate, that so many young adults feel "invisible". The talking circle is a space where those gathered can share, listen, and think about the other. So simple, but for many, so rare.

Rev. Margaret Propp

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